

## LEDUC R.C.M.P. VICTIM SERVICES UNIT

### BOOK & WEBSITE LIST – BEREAVEMENT Rev 10/06

#### GRIEVING – GENERAL

- **Men and Grief** by Carol Staudacher
- **Beyond Grief** by Carol Staudacher
- **Living Through Personal Crisis** by Ann Kaiser-Stearns
- **Living When a Loved One Has Died** by Earl Grollman
- **About Mourning: Support & Guidance for the Bereaved** by Savine Weizman
- **This Thing Called Grief: New Understanding of Loss** by Thomas M. Ellis
- **A Grief Observed** by C.S. Lewis
- **How to Survive the Loss of a Love** by Melba Colgrove and Peter McWilliams
- **Surviving, Healing and Growing, The How to Survive the Loss of a Love “Workbook”** by Melba Colgrove, and Peter McWilliams
- **Parenting Through the Crisis: Helping Kids in Times of Loss, Grief & Change** by Barbara Coloroso
- **Healing a Child’s Grieving Heart, 100 Practical Ideas for Families, Friends & Caregivers** by Alan D. Wolfelt Ph.d
- **When a Baby Dies: Answers to Comfort Grieving Parents** by Ronald H. Nash

#### GRIEVING A SUICIDE DEATH

- **Silent Grief: Living in the Wake of Suicide** by Christopher Lukas
- **After Suicide** by John Hewett
- **My Son, My Son, A Guide to Healing After Death, Loss or Suicide** by Iris Bolton

#### HELPING SOMEONE WHO IS GRIEVING

- **Call Me If You Need Anything and Other Things Not To Say: A Guide to Helping Others Through Tragedy and Grief.** By Cathy Peterson

#### SUICIDE

- **Suicide: Prevention, Intervention, Postvention** by Earl Grollman

#### WEBSITES

[www.griefworksbc.com](http://www.griefworksbc.com) for kids, teens adults    [www.griefjournal.com](http://www.griefjournal.com)  
[www.goodgrief.org](http://www.goodgrief.org)    [www.journeyofhearts.org](http://www.journeyofhearts.org)  
[www.palliative.org/PC/GeneralPublic/GriefBereavement/](http://www.palliative.org/PC/GeneralPublic/GriefBereavement/)  
[www.thesupportnetwork.com](http://www.thesupportnetwork.com)